



# Evidence-Based Practices in Assessment Centres

Strengths, Concerns, and Challenges from a Global Survey

Presented by

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# Evidence-Based ACs?

- Assessment Centres enjoy a reputation as evidence-based practices (*Furnham, 2008; Lievens, 2002*).
  - Is this reputation warranted?
  - How well is research reflected in practice?
  - What are we doing well? What can we do better?
- We use a worldwide survey of AC practices to examine the state of the field from the lens of evidence-based practice.
  - For brevity, “AC” = assessment and/or development centre.

# What Kind of Evidence?

“Evidence-based” can mean:

- Following the practices recommended by existing research and practitioner expertise for ACs in general.
- Collecting local evidence to support specific practices in a specific context.

# Agenda

- Survey background & methodology.
- Are we following the general evidence we have?
  - Areas of strength and concern.
- Are we collecting the local evidence we need?
  - Areas of strength and concern.
- Are we practicing in areas where evidence is lacking?
- Conclusions.

# Survey Background

# Project Collaborators



- Dan Hughes
- Philippa Riley
- Ali Shalfrooshan
- Nigel Povah
- Alyssa Gibbons
- George Thornton III

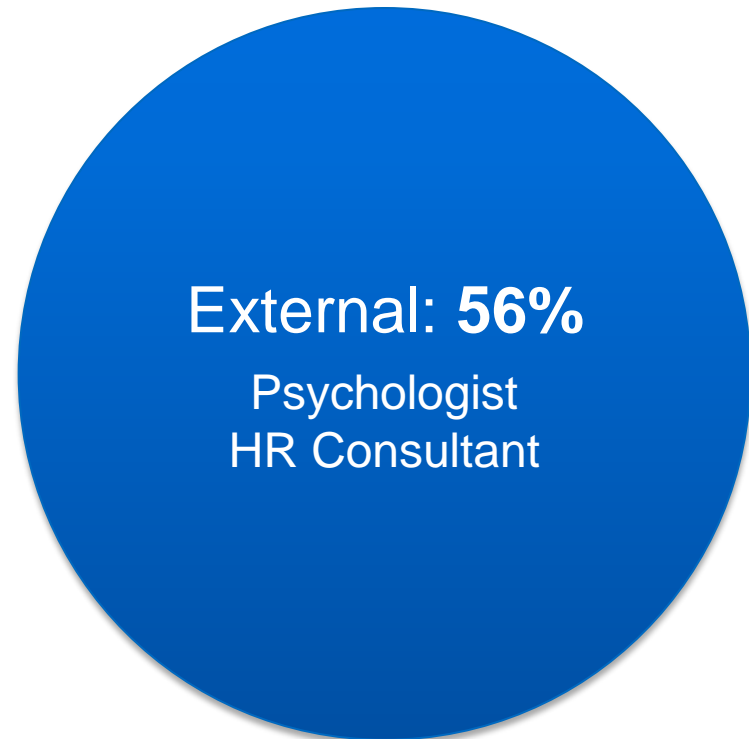
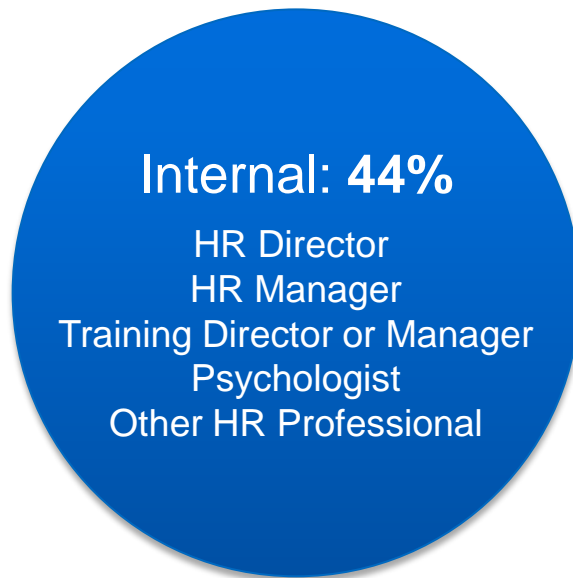
# Survey Goals

- Obtain a current snapshot of AC/DC practices **worldwide**.
- Incorporate both practitioner and academic viewpoints in survey design.
- Compare to previous surveys, eg:
  - *Povah, Crabb & McGarrigle (2008)*
  - *Krause & Thornton (2009)*
- Also capture emerging trends:
  - Technology, cultural adaptations



# Respondents

- Recruited AC practitioners from professional associations, personal contacts, word of mouth, and social media.

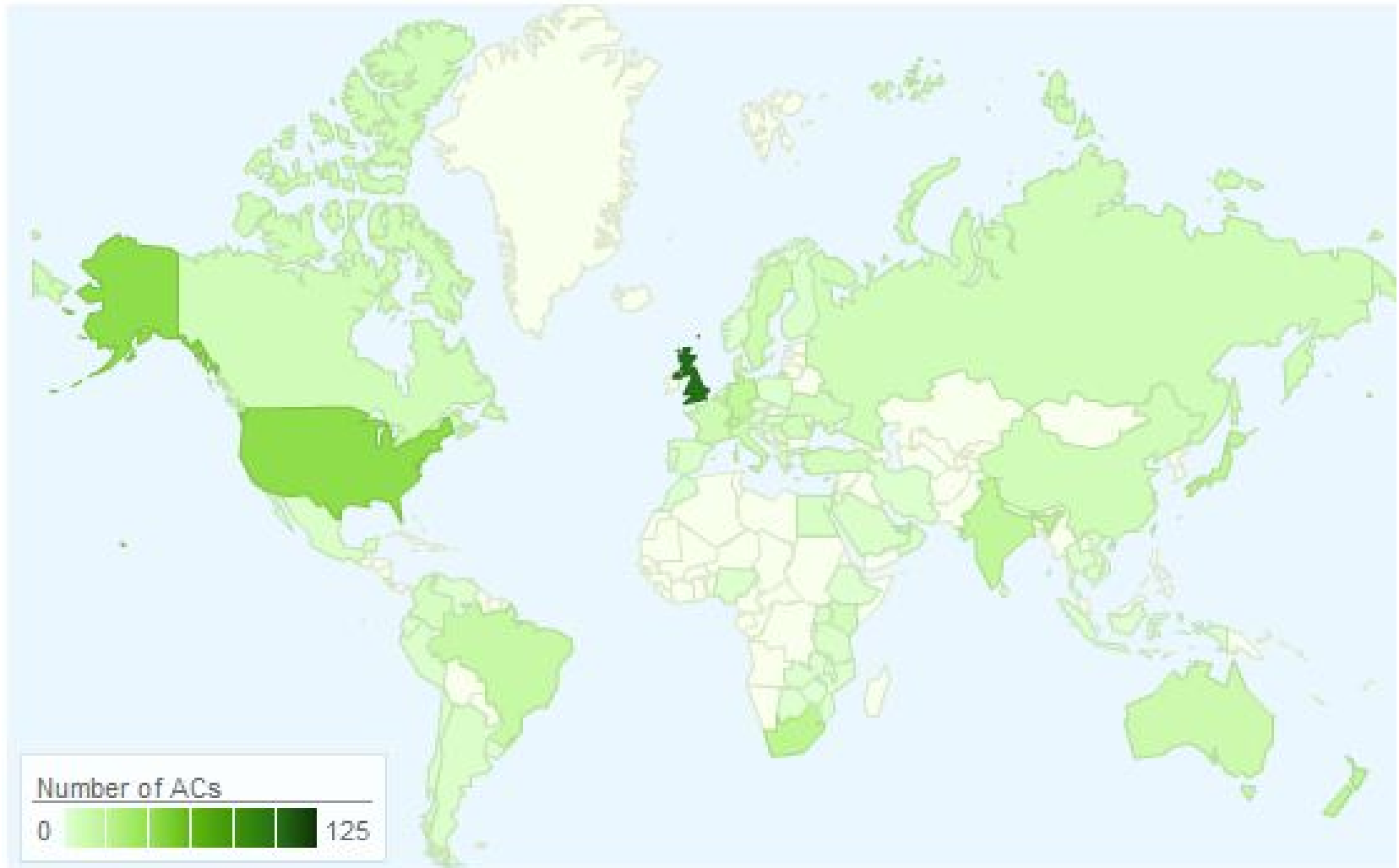




# Method

- Respondents asked to describe **one specific AC or DC** they knew well.
  - **Not** mentally averaging across many ACs.
  - Could refer colleagues to describe other ACs.
  - In total, **511** unique ACs described.
  
- Online survey
  - Administered in English via Survey Monkey.
  - Anonymous format.
  - Approximately 59 questions (branching design).
  - Data collected August – November 2011.

# Locations of ACs



# Geographic and Cultural Diversity

- ACs implemented in **82** countries.
  - **77%** operated within one country only.
  - **23%** operated in multiple countries.
  
- Most common:
  - United Kingdom: **32%**
  - United States: **13%**
  - South Africa: **6%**

# Are We Following the Evidence We Have?

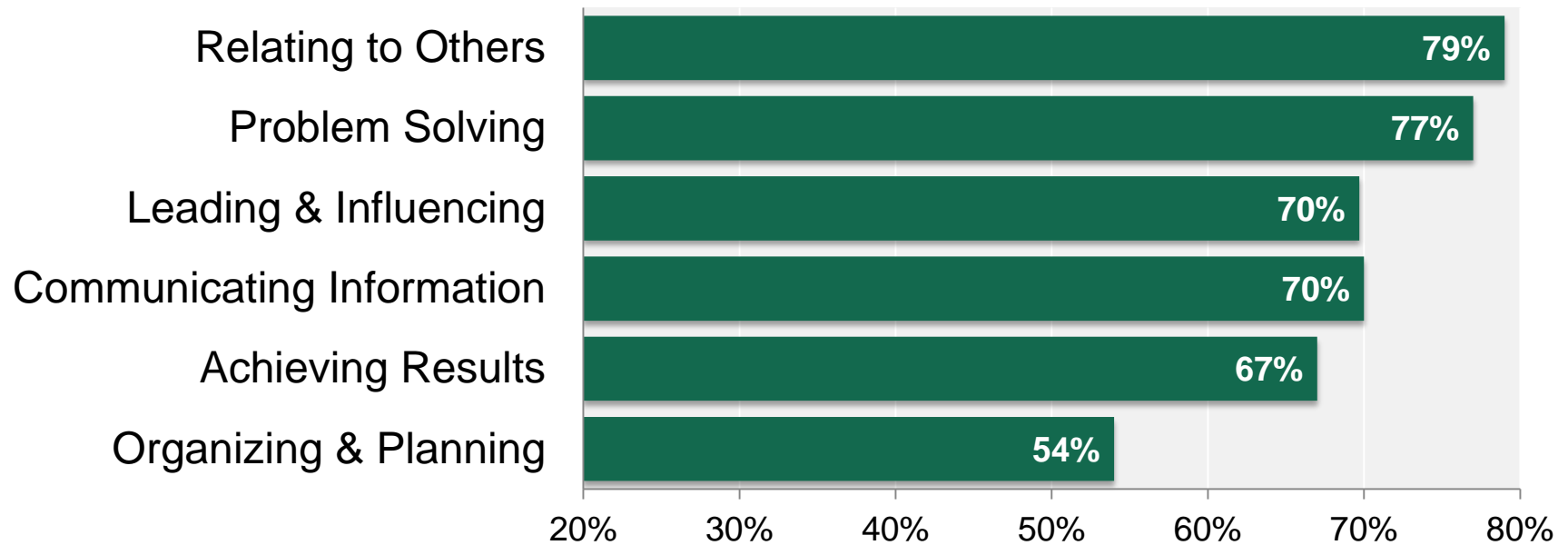
# Strengths: Assessors

- **92%** of assessors receive some form of training.
  - Up from 80% in prior surveys (*Povah et al., 2008*).
- Training is empirically supported:
  - Dimensions: **94%** (*Scheicher, Day, Mayes, & Riggio, 2002*)
  - ORCE: **77%** (*Thornton & Zorich, 1980*)
- **98%** provide assessors with rating aids:
  - Definitions: **91%**
  - Example behaviors: **80%**
  - Checklists: **58%** (*Reilly, Henry, & Smither, 1990*).
  - Behaviorally anchored rating scales: **45%**

# Strengths: Competencies

- **99%** use well-established competencies (at least one):

## Assessed "to a substantial extent"



- All of these competency categories show predictive validity in AC meta-analyses (*Arthur et al., 2003; see also Meriac et al., 2008*).

# Strengths: Competencies

- **77%** assess between 3 and 6 competencies per exercise (*Gaugler & Thornton, 1989*).
  - Although more competencies assessed across the AC as a whole ( $M = 6.7$ ).
- Many fit the emerging **mixed-model** perspective (*Hoffman, 2012*):
  - **49%** collect both exercise and dimension/competency information.
  - **35%** use both to form the OAR.

# Strengths: Additional Techniques

- When simulation exercises are combined with other techniques, they are most often techniques that show **incremental validity**:
  - Personality tests (**67%**)
  - Cognitive ability tests (**57%**)



# Concerns: Hybrid Centers

- Research suggests that ratings made for decision-making are different from ratings made for development (*Murphy & Cleveland, 1995*).
  - Different errors and biases; distinguishing among dimensions.
- Often recommended that ACs focus on **either** assessment **or** development (*Thornton & Rupp, 2005*).
- However...
  - **28%** = primarily selection (but some feedback).
  - **26%** = primarily development (but some decision-making).
  - **24%** = equal emphasis
  - Only **23%** were single-purpose.

# Concerns: Short ACs, Short Training

- **61%** of ACs last one day or less.
  - **74%** use 4 exercises or fewer.
  - **77%** assess each competency only 2 or 3 times.
- **34%** of assessors received less than 1 day of training, or no training at all.
- In **24%** of ACs, each assessor was responsible for more than 2 participants.

# Concerns: Assessors & Feedback

- Evidence suggests that psychologists provide the most valid ratings (*Gaugler et al., 1987*).
  - Only **53%** use psychologists as assessors
- International Guidelines recommend a diverse pool of assessors, including managers and psychologists
  - Only **25%** of ACs use both of these groups as assessors
  - **16%** use neither managers nor psychologists
  - **34%** use assessors from only a single perspective only.
- Although prompt feedback is important for development, **38%** of **developmental** ACs have more than a week delay in providing feedback.

# Are We Collecting the Evidence We Need?

# Strengths: Job Analysis

- **97%** of ACs reported using at least one job analytic technique.
  - **64%** used 3 techniques or more!
- Most common techniques:
  - **54%** reviewed the existing job description.
  - **52%** reviewed the existing competency model.
- But these techniques were rarely used alone.
  - **92%** of ACs using these techniques also used at least one other technique (e.g., interviews with management, interviews with job incumbents).

# Strengths: Customisation

- Only **12%** of ACs used off-the-shelf, prewritten exercises without customising or adapting them to the organisation.
- Job analysis + customisation: real efforts to collect local data about the specific organisation and target the AC to fit it.

# Concerns: Assessor Evaluation

- Only **45%** of ACs require assessors to be formally certified.
  - Possible confusion about what “certification” means.
- **21%** of assessors are not evaluated **at all**.

# Concerns: Outcome Evaluation

- **86%** of respondents evaluated their ACs.
  - But this evaluation was often limited to reactions of participants, assessors, and other stakeholders.
- Only **42%** conducted some type of validation analysis.
  - Content, predictive, concurrent, internal structure, or external construct validity.
  - Content analysis was by far the most common (**25%**) (*cf. Murphy, 2009*).



# Concerns: Outcome Evaluation

- Although developmental ACs are supposed to produce changes in performance, only **18%** evaluate this change.
- Only **13%** conduct adverse impact or fairness analyses.
  - **50%** of North American ACs.
  - **23%** of multi-regional ACs.
- Only **15%** formally examine Return on Investment.

# Where Are We Lacking Research?

# Gaps: Culture

- **23%** of the ACs in our sample were administered in multiple countries.
  - **13%** in 2 or more major geographic regions.
- Many ACs (**74%**) make adaptations for culture.
  - Exercise content (**51%**), dimension definitions (**51%**), feedback processes (**42%**).
  - But how do we determine which adaptations to make?
- Lots of commentary on how culture *might* affect assessment (e.g., Bernthal & Lanik, 2010; Briscoe, 1997; Lievens & Thornton, 2005; Lanik & Gibbons, 2011).
  - Few if any published empirical studies (one: Melchers & Annen, 2010).

# Gaps: Technology

- **57%** of ACs used at least one technology feature.
  - **23%** use automated or semi-automated reports.
  - **21%** use video recording.
  - **20%** use real-time phone interaction with participants.
- And many plan to add tech features within 2 years:
  - Computerized entry of behavioral observations (**28%**).
  - Automated or semi-automated reports (**26%**).
  - Automated or semi-automated scoring (**23%**).
- Users perceive a “small” to “medium” positive impact of technology overall.
  - $M = 3.38$  on a 5-point scale.
  - Most positive impact on **efficiency** of running the centre.

# Gaps: Technology

- Specific features correlated with **perceived** benefit of technology:
  - Automated scheduling:  $r = .23$  with overall impact,  $r = .39$  with cost.
  - Automated scoring:  $r = .21$  with overall impact.
  - Online simulations:  $r = .23$  with impact on realism.
  - Automated reports:  $r = .24$  with impact on duration.
- Very little published research evaluating technology features.
  - Video recording doesn't have much of an effect (*Ryan et al., 1995*).
  - Computerized exercises *can* predict criteria above cognitive ability (*Lievens, van Keer, & Volckaert, 2010*).
  - But what about phone interactions, delayed interactions, virtual reality, etc.?

# Gaps: Integrated Exercises

- **39%** of ACs used integrated or “day in the life” exercises with multiple components.
  - Average of **4.5** components.
- Technology makes integrated exercises easier to deliver.
- But we know little about how the interdependence of integrated components affects performance, rating accuracy, and outcomes.

# Gaps: Development

- **62%** of ACs involve a substantial development component.
  - **84%** of ACs – including selection emphasis ACs – provide feedback beyond pass/fail.
- But development is seldom evaluated as an outcome (*Rupp et al., 2006*).
  - What AC design features produce development?
  - Is a good AC a good DC?
  - Which differences matter?

# Conclusions



# Are ACs Evidence-Based?

- Where research evidence is clear and unambiguous, most ACs tend to follow it.
  - We have the best evidence about internal design features (dimensions, exercises), assessor training.
  - Most ACs follow research recommendations in this area.
- But logistical and practical considerations sometimes override evidence.
  - Pressure to do more with less.
  - Short assessor training, hybrid centers, etc.

# Where is More Evidence Needed?

- Although some are rigorous about evaluating their own ACs, gathering evidence about effectiveness/validity of individual ACs is not as widespread as it could be.
- Dearth of evidence on several critical issues facing ACs of today:
  - Technology.
  - Culture.
  - Impact on development.

# Moving Forward: Closing the Gaps

- More and better basic research.
- More and better evaluation of operational ACs.
- More multi-AC studies:
  - Generalisability and replicability.
- Establish effects of design choices on **bottom line outcomes**.
  - Validity, performance improvement, ROI.

# Questions?

You can download the full Research Report for this survey at <http://www.adc.uk.com/resources/research/findings/>